



Call to children and young people: tell us about yourself and your life

Hi! The Ombudsman for Children and Young People (OKAJU) defends and protects children's rights* in Luxembourg. Every year, he writes a report (a kind of book) to talk about children's rights and to explain what is going well and what is not going well for children and young people in Luxembourg. He gives adults ideas on how to make things better for you and for other children and young people. This year, the report will be called "In the shoes of children and young people" and we need YOU to know what to write! We would like to understand what you experience in your life as a child or young person. Help us see the world through your eyes as a child or young person so that we can talk about it in the report.

We'd like to know:

- what makes you happy
- what is not going well or worries you
- what you find unfair
- if your rights are respected.

You can **reply until 15 April 2026** and you do not have to answer all the questions. It is anonymous, so nobody will know that it was you who replied. Thank you very much for your help! Also, if your rights have not been respected, you can always:

- phone us: 28 37 36 35 (Monday to Friday, 8:30 AM to 5 PM)
- come talk to us: 65, route d'Arlon, L-1440 Luxembourg (Monday to Friday, 8:30 AM to 5 PM)
- or send us an email: contact@okaju.lu

We are always there to help you!

*You can read this if you do not know what children's rights are: <https://men.public.lu/en/systeme-educatif/droits-enfant/actions-sensibilisation.html>

I am...

- A girl
- A boy
- Other

How old are you?

- Between 6 and 9 years old
- Between 10 and 12 years old
- Between 13 and 15 years old
- Between 16 and 18 years old

In your life, what makes you **happy**? You can choose several answers:

- My family
- My friends
- My teachers
- My educators
- School
- Being healthy
- Playing
- Sport
- Hobbies/leisure (music, art, reading, scouts...)
- Internet (tablet, smartphone, computer, social media...)
- Nature
- Animals
- I don't know
- I don't want to answer
- Other

If you want, **explain why** it makes you happy:

In your life, what is **not going well or worries you**? You can choose several answers:

- My family
 - My friends
 - My teachers
 - My educators
 - School
 - Health
 - Playing
 - Sport
 - Hobbies/leisure (music, art, reading, scouts...)
 - Internet (tablet, smartphone, computer, social media...)
 - Nature
 - Animals
 - What is happening in the world
 - Violence
 - Other
-

If you want, **explain** what is not going well or worries you and why:

Is there something that you find really **unfair for you or for other children/ young people**? Tell us about it, if you want:

Your rights to participation, provision and protection

Do you feel **listened to and taken seriously** by adults?

- Yes
- No
- I don't know
- I don't want to answer

If you want, you can tell us more about it:

Are there important **things you need that you do not have or do not have enough of**?

- Yes
- No
- I don't know
- I don't want to answer

If you want, **tick what you are missing or do not have enough of** (you can choose several answers):

- Food and drink
 - Clothes or shoes
 - A place where you feel good living/sleeping
 - Things you need for school (books, notebooks, computer, etc.)
 - Help for school/homework
 - Healthcare (appointments with a doctor, dentist, psychologist, glasses, etc.)
 - Activities (toys/games, sport, music, leisure activities, outings, etc.)
 - Transport (bus, train, car...)
 - I don't know
 - I don't want to answer
 - Other
-

Do you **feel safe and/or respected** (at home, at school, in your free time, on the internet, etc.)?

- Yes
- No
- I don't know
- I don't want to answer

If you want, explain **where and why you do NOT feel safe and/or respected** (at home, at school, in your free time, on the internet, etc.):

If you want, **explain where and why you feel safe and/or respected** (at home, at school, in your free time, on the internet, etc.):

Last questions

Do you agree that we copy some of the things you wrote here into the report?

- Yes
- No

If you would like to take part in the report even more, you can give us your email address or phone number. We will contact you when we organise consultations for the report. Thank you for your help!

Your answer
